

OPRF Chamber of Commerce

Women in Business

Summer Reading Recommendations

Fiction

Brinton, Sybil G. *Old Friends and New Fancies, An Imaginary Sequel to the Novels of Jane Austen*. The first Jane Austen sequel ever written, originally published in 1914.

Chadwick, Elizabeth. *The Greatest Knight* (William Marshal series). the true story of one of England's greatest forgotten heroes in a captivating blend of fact and fiction.

Courtenay, Bryce. *The Power of One*. So says Hoppie Groenewald, boxing champion, to a seven-year-old boy who dreams of being the welterweight champion of the world. It's a piece of advice he will carry with him throughout his life.

Dugoni, Robert. *The Extraordinary Life of Sam Hell*. Sam Hill always saw the world through different eyes. Born with red pupils, he was called Sam "Hell" by his classmates; "God's will" is what his mother called his ocular albinism.

Harris, Zakiya Dalila. *The Other Black Girl*. A story of the tension that unfurls when two young Black women meet against the starkly white backdrop of New York City book publishing.

Hogan, Ruth. *The Keeper of Lost Things*. A charming tale about the objects that hold magic and meaning for our lives, and the surprising connections that bind us.

Horan, Nancy. *Loving Frank*. A beautifully written novel about Mamah Cheney and Frank Lloyd Wright's love affair.

Hoover, Colleen. *It Ends With Us*. The story of Lily Bloom and her doomed romance which traces her past history growing up in an abusive home, her fall into an abusive relationship, and her escape.

Irving, John. *The Hotel New Hampshire*. A family saga about growing up in three different hotels on two separate continents.

Jonasson, Jonas. *The 100 Year Old Man Who Climbed Out His Window and Disappeared*. A reluctant centenarian much like Forrest Gump (if Gump were an explosives expert) decides it's not too late to start over.

King, Laurie R. *The Beekeeper's Apprentice*. The story of a young woman who comes to know and work with Sherlock Holmes, coming to terms with herself and with this older man who embodies the age that is past.

Kittle, Katrina. *Traveling Light*. A dancer-turned-school teacher encounters a string of bad luck in the form of a career-ending injury and the slow death of her brother but slowly to come to terms with life and relationships and discovers how fortunate she really is.

Khong, Rachel. *Goodbye Vitamin*. Her life at a crossroads, a young woman goes home again in this funny and inescapably moving novel about the absurdity of finding one's footing in this life.

Krauss, Nicole. *The History of Love*. Sixty years after a book's publication, its author remembers his lost love and missing son, while a teenage girl named for one of the book's characters seeks her namesake, as well as a cure for her widowed mother's loneliness.

Lin, Grace. *Where the Mountain Meets the Moon*. Minli, an adventurous girl from a poor village, buys a magical goldfish, and then joins a dragon who cannot fly on a quest to find the Old Man of the Moon in hopes of bringing life to Fruitless Mountain and freshness to Jade River.

McDermott, Alice. *Someone*. The story of a Brooklyn-born woman's life - her family, her neighborhood, her daily trials and triumphs - from childhood to old age.

Napolitano, Ann. *Dear Edward*. Edward is the sole survivor of a plane crash that captures the attention of the nation, but he struggles to find a place in a world without his family. But then he makes an unexpected discovery--one that will lead him to the answers of some of life's most profound questions.

O'Neal, Barbara. *When We Believed in Mermaids*. An emotional tale of two sisters, an ocean of lies, and a search for the truth.

Owens, Delia. *Where the Crawdads Sing*. A novel at once an exquisite ode to the natural world, a heartbreaking coming-of-age story, and a surprising tale of possible murder.



Picoult, Jodi. *Nineteen Minutes*. Sterling is a small, ordinary New Hampshire town where nothing ever happens -- until the day its complacency is shattered by a shocking act of violence. In the aftermath, the town's residents must not only seek justice in order to begin healing but also come to terms with the role they played in the tragedy.

Reid, Taylor Jenkins. *The Seven Husbands of Evelyn Hugo*. A sweeping novel about one classic film actress's relentless rise to the top, the risks she took, the loves she lost, and the long-held secrets the public could never imagine.

Rosen, Renee. *What the Lady Wants, a Novel of Marshall Field and the Gilded Age*. The story of the love affair between socialite Delia Spencer and Marshall Field set against the backdrop of the Chicago fire and the 1893 Chicago World's Fair.

Shriver, Lionel. *We Need to Talk About Kevin*. A resonant story of a mother's unsettling quest to understand her teenage son's deadly violence, her own ambivalence toward motherhood, and the explosive link between them remains terrifyingly prescient.

Stradal, J Ryan. *Kitchens of the Great Midwest*. The story of Eva and her rise to becoming a great chef, each chapter telling of a single dish and character, at once capturing the zeitgeist of the Midwest, and delving into the ways food creates community and a sense of identity.

Stradal, J Ryan. *The Lager Queen of Minnesota*. A novel of family, Midwestern values, hard work, fate, and the secrets of making a world-class beer.

July 2022



continued on back

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Professional Development

Achor, Shawn. *The Happiness Advantage: the Seven Principles of Positive Psychology that Fuel Success and Performance at Work*. Recent discoveries in the field of positive psychology have shown that happiness fuels success, not the other way around. Achor isolates seven practical, actionable principles that show how to capitalize on the Happiness Advantage to improve performance and maximize potential.

Brown, Brene. *Dare to Lead: Brave Work, Tough Conversations, Whole Hearts*. Based on new research conducted with leaders, change makers, and culture shifters, Brown is showing us how to put those ideas into practice so we can step up and lead.

Burke, Tarana. *Unbound: My Story of Liberation and the Birth of the Me Too Movement*. A powerful memoir about Burke's own journey to saying those two simple yet infinitely powerful words-me too-and how she brought empathy back to an entire generation in one of the largest cultural events in American history.

Burkman, Oliver. *Four Thousand Weeks: Time Management for Mortals*. Rejecting the futile modern fixation on "getting everything done," Four Thousand Weeks introduces readers to tools for constructing a meaningful life by embracing finitude, showing how many of the unhelpful ways we've come to think about time aren't inescapable, unchanging truths, but choices we've made as individuals and as a society--and that we could do things differently.

Clear, James. *Atomic Habits: Tiny Changes, Remarkable Results*. Clear, an expert on habit formation, reveals practical strategies that will teach you how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. He draws on proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible.

Doyle, Glennon. *Untamed*. More than just a memoir, this book takes the reader on a journey of self-discovery. It seeks to liberate women from the societal expectations that bind them, to honor beauty and rage equally — it speaks to the soul.

Goggins, David. *Can't Hurt Me: Master Your Mind and Defy the Odds*. Goggins shares his astonishing life story and reveals that most of us tap into only 40% of our capabilities. He calls this The 40% Rule, and his story illuminates a path that anyone can follow to push past pain, demolish fear, and reach their full potential.

Hay, Louise. *You Can Heal Your Life*. As an internationally known leader in the self-help field, Hays' key message is: "If we are willing to do the mental work, almost anything can be healed."

Hicks, Esther. *Ask and It Is Given: Learning to Manifest Your Desires*. Presents the teachings of the nonphysical entity Abraham, to help you learn how to manifest your desires so that you're living the joyous and fulfilling life you deserve.

Kim, W. Chan. *Blue Ocean Strategy: How to Create Uncontested Market Space and Make the Competition Irrelevant*. Presents a systematic approach to making the competition irrelevant and outlines principles and tools any organization can use to create and capture their own blue oceans.

Lipsky, Laura van Dernoot. *Trauma Stewardship: Everyday Guide for Caring for Self While Caring for Others*. Speaker, trainer and community organizer Van Dernoot Lipsky provides this guide to trauma stewardship, a practice through which individuals, organizations, and societies tend to the hardship, pain, or trauma experienced by humans, other living beings, or our planet itself.

Ruiz, Don Miguel. *The Four Agreements*. Reveals the source of self-limiting beliefs that rob us of joy and create needless suffering. Based on ancient Toltec wisdom, The Four Agreements offer a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love.



Sincero, Jen. *You Are a Badass - How to Stop Doubting Your Greatness and Start Living*. Twenty-seven bite-sized chapters full of hilariously inspiring stories, sage advice, easy exercises, and the occasional swear word, helping you to: Identify and change the self-sabotaging beliefs and behaviors that stop you from getting what you want, Create a life you totally love.

Sincero, Jen. *You Are a Badass at Making Money: Master the Mindset of Wealth*. A step-by-step guide to helping people overcome their blocks, push past their fears, and start making the kind of money they've never made before.

Stitt, Barbara Reed. *Food & Behavior, A Natural Connection*. The natural connection between what people consume and the biochemistry of the brain which can often lead to serious addictions and behavior problems is often overlooked by professionals. Food and Behavior addresses this connection and provides guidelines on how to correct many of the behavior problems for happier, healthier lives.

Tolle, Eckhart. *The Power of Now: A Guide to Spiritual Enlightenment*. In The Power of Now Tolle shows readers how to recognize themselves as the creators of their own pain, and how to have a pain-free existence by living fully in the present.

Tracy, Brian. *Change Your Thinking, Change Your Life*. Shows individuals how to delve into their inner resources so that they can not only identify realistic goals but develop a plan on how to achieve these goals.

July 2022

